



THE INSIDE EDGE

Shooting Stars Synchronized Skating Class

NEW

Sign up for our newest class: The Synchronized Skating Badge Program - **IT IS NOT TO LATE!!!!**

The "Team" will earn the Basic Skills Synchro 1-4 Badges and learn the fundamental skills of synchronized skating in a group lesson setting.

This class will be offered on Tuesday nights from 6:15-7:00pm using half sheet of ice.

Cost: \$75

Eligibility: Open to any Basic Skills skater Badge 2-8

The Shooting Stars class will be featured in the Basic Skills Competition, Exhibition & Ice Show.

ADULTS IT IS NOT TOO LATE TO SIGN UP!

Our Adult skating class is on Tuesdays 7:10 ~ 7:50pm. Come and check us out! We know you will want to join the fun!

USFSA TESTS PASSED:

Congratulations to the following skaters:

Brooke Adler
Juvenile Free Skate, 8/7/09

Clarinda Blais
Intermediate MIF, 8/7/09

Margaret Haag
Canasta Tango, Duth Waltz & Rhythm Blues, 8/15/09

Sydney Madden
Senior MIF, 8/15/09

Ashley Roach
Pre-Preliminary MIF & Pre-Preliminary Free Skate, 8/15/09

Brittany Schafer
Pre-Preliminary MIF & Pre-Preliminary Free Skate, 8/7/09

Angeline Turczyn
Pre-Preliminary MIF, 8/15/09

Fantasy on Ice News

It's an exciting year for the CFSC. At this years annual ice show we celebrate our Diamond anniversary - 60 years of CFSC ice shows.

Join us in the festivities as we perform "**Heroes vs. Villains**" and travel through the years in "**Reminiscing**" Fantasy on Ice themes for 2010.

Attention High Freestyle Skaters:

- You must be registered as a full club member with the CFSC by October 1, 2009 to be eligible to participate in this years Fantasy On Ice production as a solo, duet, trio, or quartet.

- Skaters must be registered by November 1, 2009 if they are participating in group numbers only.



Competition Results



Congratulations skaters on the following results.

Cranberry Open - Kingston, MA - August 22nd

Christina Sarandrea ~ Open Juvenile Freestyle ~ 1st out of 8
Christina Sarandrea ~ Intermediate Jumps ~ 1st

Mid Atlantic Championships - NYC - September 13th

Juvenile Freestyle (IJS) ~ Brook Adler 13th
Open Juvenile Freestyle ~ Christina Sarandrea 3rd out of 13

23rd Amherst Invitational - Amherst, NY - Sept 19th & 20th

Christina Sarandrea
Open Juvenile Freestyle (IJS) ~ 1st
Intermediate Short (IJS) ~ 7th
Intermediate Showcase ~ 1st
Intermediate Jumps ~ 2nd
Juvenile Compulsory Moves ~ 1st
Intermediate Music Interpretation ~ 1st

The Mohawk Valley Blades Synchro Team is not affiliated with the CFSC



CFSC Intern Program

All of our Basic Skills skaters have two options for supplementary lessons or extra assistance with an element (or two!). The first option is with one of our club professionals; each of these ladies have great qualities to offer our skaters. The second option is to have your skater work with one of our Interns.

*CFSC is proud to offer Intern Coaching Services to our Basic Skills Skaters.
Parents that wish their skaters to have additional lessons or extra help may contact
the following Interns to hire them for additional instruction.*



Jaclyn Nanna is a 16 year old, high honor roll student, who is a senior at Whitesboro High School. Jaclyn has been figure skating for the past 15 years. She has passed all her moves tests and is currently working on her Senior Freestyle test. Besides skating at the individual level, Jaclyn was a member of the former Clinton Silver Blades Synchronized Skating team. She was also a member of the Clinton Silverettes and the Clinton Silver Stars. Jaclyn earned the position of an intern with the Clinton Figure Skating Club this past year. One of her favorite aspects of skating is teaching young skaters the sport she loves so much! Jaclyn has been a volunteer for our basic skills program for the past four years. She has competed in several competitions in her 15 years of skating, with her favorite being Empire state games, which she has attended six times. Other than skating, Jaclyn plays varsity field hockey and track – in which she was named captain. She is a member of the KE society, National Junior Honor Society, International club, and Girls Athletic Association. **Jaclyn may be contacted at 794-2256 (cell), 768-7340 (home), email bellajmarie@yahoo.com regarding her availability and fees.**



Cassie Seifert is a 16 year old senior honors student at Rome Free Academy. She has been with the Clinton Figure Skating Club for three years and was a member of the Clinton Silver Blades for two years. Cassie has been skating for 13 years and is working on her Senior Moves and Novice Freestyle. Besides skating, she enjoys playing field hockey and runs track and field. Cassie was proud to be named most improved defensive player and player with the highest academic average this past school year. Cassie is also a member of the National Honor Society and was year-book Editor-in-Chief. **Cassie may be contacted at 335-3132, email catcat1092@aol.com regarding her availability and fees.**



Amanda Tucciarone is a 16 year old junior at New Hartford High School where she is an honors student. Amanda started skating at the age of 2 and hasn't stopped since! She is a dedicated skater who is on the ice six days a week. She considers competing her favorite aspect of the sport. This year, Amanda competed in various events, including the North Atlantic Regional Championships, where she placed 5th and advanced to the final round, the Skaneateles Invitational, the Mohawk Valley Classic and the Port City Invitational. At the Port City Invitational in Oswego, she earned all gold medals in both junior and senior ladies freestyle. Recently, Amanda took home a 5th place title in the Junior Ladies division at Empire State Games. When Amanda is not training in Central New York, she enjoys spending time training in Lake Placid, her favorite spot in the world! **Amanda may be contacted at 732-5797(home), 404-1745(cell), email tucci4@roadrunner.com regarding her availability and fees.**



Volunteers Still Needed

Volunteers ~ The CFSC volunteer service program is open to all Middle and High Freestyle skaters, (Low Freestyle if approved). You must be 12 yrs old by July 1, 2009

Those interested in volunteering will be assisting the coaches during Basic Skills group classes and during free skate times. You will receive a Basic Skills Session Assignment.

By doing this, you will be helping the children to master their skills. All of these children look up to you as mentors, and one day they may be one of your students.

You will receive community service hours for school. Each time you skate, it will be documented, so when the time comes and you need your times, it will be available. Please consider helping with the Basic Skills Program.

Monitors ~ Adult skaters wanted!!!! Help is needed with the Basic Skills Program. You will be asked to assist in the Free skate end only helping the children and keeping an eye on them. Your help is very much appreciated!!!!

If you are interested please contact Mary Beth Scalzo 853-2355 or 725-9887

Change to By-Laws

The Board of Directors has approved the following amendments to present to the general membership for a vote at the November board meeting:

Article XVIII

1. In the event that any matter affecting the club is not provided for in these by-laws, the board shall act in accordance with the USFS By-Laws as applicable.

Article IV

(c) Delete: Each skating and/or associate member of the Club who has been a member for the preceding 30 days prior to any stated election shall be entitled to one vote at such meeting subject to the age provision as hereinafter provided.

(c) Add: *All ballots must be cast by/for those who have been CFSC home club members for the preceding 30 days prior to any stated election and are members in good standing.*

(d) Add: *For the purpose of voting there will be two (2) classifications:*

Voting: Skater (full member, home club), Board member

Non-voting: Joint, Associate, Collegiate, Honorary

Article III

section 3, Classifications of Membership.

Add:

D. Joint Membership: a joint member shall be a member of a home club other than CFSC, who does; not wish to transfer home club membership to CFSC. They shall have the right to utilize the ice for a fee designated by the Board of Directors. This membership must be approved by the Board and will be reviewed on an annual basis. This membership can be terminated by a majority vote of the Board if deemed to be in the best interest of the club.

E. Collegiate Membership: The Collegiate Membership shall be a Special Rate Package offered to college students through the USFS, which grants the same privileges as a Full-Club Member for a consecutive 4-year period. Additional club fees, determined by the Board of Directors, may apply. This option may only be used once.



PO Box 322
Clinton, NY 13323

www.clintonfsc.com

*Building Today's Club
for Tomorrow's Athlete*

Welcome

CFSC would like to welcome Russell Green to our Professional Staff. Russell is available to teach all levels of Ice Dancing. He is very excited to be able to bring a full time Ice Dancing Program back to our club. A full biography on Russell will appear in our October Newsletter. If you are interested in private Dance lessons, please contact Russell at 427-0879(cell) or email russellgreen106@hotmail.com.

Third Annual Lake Placid Basic Skills Weekend



Four CFSC club members attended the *Third Annual Lake Placid Basic Skills Weekend* August 14-16 at the Olympic Training Center in Lake Placid, NY.

Nicole Cornell, Danielle Froio, Hope Garramone, and Michelle Kulyk were instructed on-ice in freestyle, dance, Artistry in Motion and synchronized skating. They also learned proper warm-up and stretching techniques and worked off-ice on the trampoline.

The four were delighted to meet 2008 World Junior Champion and 2008 and 2009 U.S. silver medalist Rachael Flatt, who is a contender for the U.S. Olympic Team. With Rachael was her mentor, Dorothy Hamill, winner of a gold medal at the 1976 Olympic Winter Games! The girls obtained autographs and posed for photos with these two memorable figures in the sport!

Saturday evening, the skaters had the opportunity to attend Lake Placid's traditional Saturday Night Ice Show and ended Sunday with an exhibition. It was a wonderful weekend for all four skaters and their families.

Submitted by Tracy Kulyk