



# THE INSIDE EDGE

JULY 2009

VOLUME 1, ISSUE 1

## Synchronized Skating Try-Outs

**Try-outs will be held at the Whitestown Ice Rink  
Saturday, July 18, 2009 from 10:30am to 12:30pm.**

Please reply either way if you are trying out or opting out this year, by July 13th.

Reply to Tammy Jannone by email [beachbum8514@yahoo.com](mailto:beachbum8514@yahoo.com) or call 762-4685

Team levels will be determined after try-outs depending on the number/level of skaters. Coach will be Julia Roach for highest level team. Other coaches will be determined later. All teams will be co-coached.

Eligibility by try-out date:

- ◇ Must have passed Pre-Preliminary Moves or higher.
- ◇ Must have been on a Synchro team the previous year or passed Intermediate Moves.
- ◇ Must become a full member of CFSC for the 2009/2010 season if selected for the team.

\$10 try-out fee (non-refundable)

Proper skating attire required ~ no bulky clothing

## Communications Committee

Welcome to the first issue of the Inside Edge, Clinton Figure Skating Club's "new" newsletter.

As the chair of the communications committee, I am directly involved in keeping all of our members informed through our website and our newsletter. Over the next few newsletters, you will see more updates added and a continuing improvement on our format.

I highly recommend anyone with information they would like to see in the newsletter to contact me and let me know. My goal of this newsletter is to keep our members informed and

to highlight our wonderful skaters! But I can't be everywhere all the time, so I am counting on you, the members, to help me with making this an informative and entertaining newsletter for our club.

Thank you in advance for your help and I look forward to seeing all of you this season!

Michele Mock

Contact Info:  
[auntiemm24@gmail.com](mailto:auntiemm24@gmail.com)  
225-7835

### **REMINDER:**

In order to skate this summer, compete or test, you must have a current USFA Membership 2009-2010.

Please send dues to Pat Bohn, PO Box 322 Clinton, NY 13323 ASAP. \$40 single membership, \$15 additional family members.

Checks payable to CFSC.

### **SAVE THE DATES:**

Skating Registration:

Friday, Sept. 18th 6-8pm

Saturday, Sept. 19th 10-12pm

Monday, Sept 21. 6-8pm

Season starts:

Friday, Sept. 25th.

Watch for mailer at the end of August!

### **FANTASY ON ICE 2010:**

March 26-28, 2010

Check the website for new photos from Fantasy on Ice 2009





*Professional Staff 2009-2010* *Please contact individual coaches for further information*



Jodi Boise  
725-6189 Cell  
cowice127@aol.com

Jodi is available on a limited basis to teach Basic Skills-Senior Level Freestyle/Moves.

Jodi is back with the club for a fourth year after pursuing her skating career with professional skating companies, such as Disney on Ice. She has been part of the Clinton FSC since 1993, when she began skating. Since then, she has become a USFSA gold medalist in Freestyle and Moves in the Field. Jodi continues to improve her skating by also taking ice dancing, where she has passed her pre-gold tests. She has a bachelor's degree from Syracuse University in Health and Exercise Science. Jodi was a member of the Collegiate Synchronized team at the university.



Bridget Bohn  
796-0531 Cell  
bridgb3@aol.com

Bridget is available to teach Basic Skills, all levels of Freestyle and Moves, no Dance, and will be available on Mon and Thurs morning, anytime after 6 pm, and Sundays.

Bridget has been skating with the Clinton Figure Skating Club since the age of 4. This is her 13<sup>th</sup> year teaching basic skills and private lessons. She is a silver medalist in figures, bronze medalist in freestyle and has passed her junior moves in the field and pre-silver dances. Bridget is a registered nurse in the Endoscopy Unit at St. Elizabeth Medical Center, and is continuing on for her Bachelor's Degree in Nursing at Utica College.



Caitlin Deery  
725-2437 Cell  
musicteacher.deery@gmail.com

Caitlin is available to teach Basic skills to Juvenile Freestyle/Novice moves.

Caitlin began skating with the Clinton Figure Skating Club at the age of three. This will be her fourth season as a professional. During her skating career, Caitlin skated Freestyle, Moves-in-the-Field, and was a member of the Clinton Silver Blades and Silverettes for several years. A native of Utica, Caitlin is a 2005 graduate of Providence College in Rhode Island and currently works as a music teacher for Notre Dame High School.



Suzie Flynn  
768-9633 Home  
suziemflynn@gmail.com

Suzie is available to teach Freestyle and Choreography on Mondays, Tuesdays, and Fridays.

Suzie has earned a USFSA gold medal in solo ice dancing, partnering ice dance, freestyle, moves-in-the-field, and sixth figure. Suzie has a degree in Education and English from SUNY Cortland and Master's in Curriculum and Instruction from SUNY Fredonia. She recently taught critical writing at Le Moyne College and enjoys freelancing for local and national publications including the Skating magazine.



Laurene Hillman  
737-0540 Home  
sunshineskater477@yahoo.com

Laurene is available to teach skaters from Basic Skills up to Senior Moves and Junior Freestyle.

CFSC would like to welcome Laurene to our Staff as our newest coach. She has been with the club for 11 years and has interned for the past two years. In the fall she will be attending MVCC/Oneonta College for elementary education.



## Professional Staff 2009-2010 con't



Caitlin Kaier  
368-8080 Cell  
336-1537 Home  
caitm@yaho.com

Caitlin is available to teach all levels of Freestyle and Moves as well as Private Basic Skills lessons Monday and Friday mornings 6:00-7:30am, Tuesdays 4:30-5:15pm and Monday/Wednesday/Friday after 4:00pm.

After skating with the Clinton Figure Skating Club for over 12 years, Caitlin joined the professional staff this past season. She has just completed her first year of teaching basic skills and was a coach for the Special Olympics program at the club. Caitlin also teaches children's art classes at the Rome Art and Community Center and is a substitute TA in the Rome City School District. This fall, Caitlin will graduate from Utica College with a degree in Sociology and Anthropology, and a minor in Elementary Education and Special Education. She plans to continue her education by pursuing a Masters degree in Literacy or Administration.



Kelsey Mahoney  
571-4190 Cell  
kmahoney03@hotmail.com

Kelsey is available any day of the week after 5pm. She can teach up to Intermediate Freestyle and Junior Moves.

Kelsey began skating with the Clinton Figure Skating Club at the age of 5. This will be her second season as a professional. She completed her Intermediate freestyle, junior moves, and was a member of the Silver Stars, Silverettes, and Silver Blades. She is a student at Mohawk Valley Community College, where she will soon be earning her associate's degree and plans to move on to a four year school to earn her bachelor's degree. She also works at a daycare in Rome with infants to school-age children.



Ellen Moon  
796-4399 Cell  
737-9586 Home  
ellenmoon@roadrunner.com

Ellen is available to teach all levels of Freestyle and Moves both days and evenings.

Ellen Moon has never strayed far from her roots with the Clinton Figure Skating Club, since she began skating in the early 60's. She graduated from Clinton High School and MVCC, then from Utica College with a BA in Physics. She then earned her MA in Math from SUNY Albany. She has been a career teacher at Whitesboro until she retired at the end of school this year. Ellen and her husband own SK8R'S Moon, a specialty skate shop located here at the arena.



Julia Roach  
525-4187 Cell  
735-1584 Home  
skg8coach-roach@hotmail.com

Julia is available 7 days a week to teach all levels from Basic Skills-Senior Freestyle/Moves.

Julia was born and raised in Zug, Switzerland. She has passed all her levels of Freestyle, Figures and Pairs. She started coaching in Switzerland and at 18 her family moved back to the states where Julia attended Lynchburg College. This is her 13th year of coaching and her 3rd year in Clinton. She coaches Clinton Youth Hockey & High School Hockey as their power-skating coach.



Terri Sullivan  
725-4075 Cell  
coachterri@aol.com

Terri is available to teach all levels from Basic Skills to Freestyle and Moves.

As the daughter of two skating professionals, Terri began skating at age 3. Terri's father, Daniel Ryan, was a Worlds Bronze Medalist and a Worlds Coach who perished in the plane crash that took the lives of the members of the U.S. World Figure Skating team in 1961. Terri has over 30 years of teaching experience as she began teaching skating while attending boarding school in Kent, CT, and continued through college in Atlanta, GA. Terri is the Director of Dental Services at the Lutheran Homes.



PO Box 322  
Clinton, NY 13323

[www.clintonfsc.com](http://www.clintonfsc.com)

*Building Today's Club  
for Tomorrow's Athlete*

★ Competition Results ★

Congratulations to Hope Garramone, Michelle Kulyk and Meghan Pohorenc who competed at the 20th Annual Spring Skate Festival in Buffalo, NY on May 16-17, 2009.

The girls competed in a team event as "Frozen Toes-N-Noses" and won 1st place out of 7 in the Limited Beginner Teams.

Each girl also competed individually.

Hope Garramone ~ Totsicles Basic Skills  
1st out of 7

Michelle Kulyk ~ Basic Skills Level 4  
4th out of 7

Meghan Pohorenc ~ Basic Skills Level 5  
1st out of 2

CFSC Committees 2009-2010

**BASIC SKILLS PROGRAM:**

Theresa Chesebro  
853-6586

**CLUB COMMUNICATIONS:**

Michele Mock  
225-7835

**CLUB EVENTS:**

Randy Narolis  
336-5856

**ICE SHOW:**

Beth Allen  
853-1168

**MEMBERSHIP/SPRING:**

Pat Bohn  
735-5539

**MONITORS/VOLUNTEERS:**

Mary Beth Scalzo  
853-2355

**MUSIC:**

Billy Roberts  
853-3666

**PARENT/SKATER EDUCATION:**

Debbie Mumpton  
737-1530

**PRO COMMITTEE:**

Pat Sarandrea  
853-8254

**PUBLICITY:**

Shari Hillman  
737-0540

**SANCTIONS/TESTS:**

Denise Truchon-Borek  
826-7068

**SCHEDULING:**

Kim Galinski  
339-9787

**SYNCHRONIZED SKATING:**

Tammy Jannone  
762-4685